

# Top Trails Maui Must Do Hikes For Everyone



Maui, Hawaii is not only known for its stunning beaches and vibrant culture, but also for its incredible hiking trails. From lush rainforests to breathtaking waterfalls, the island offers a multitude of scenic hikes suitable for everyone, regardless of their skill level. In this article, we will explore the top trails that every visitor should include in their itinerary when visiting Maui.

## **1. Haleakalā National Park - Sliding Sands Trail**



## Top Trails: Maui: Must-Do Hikes for Everyone

by Sara Benson (Kindle Edition)

★★★★☆ 4 out of 5

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If you're up for an adventure, the Sliding Sands Trail in Haleakalā National Park is a must-do hike. This eight-mile roundtrip trek takes you through a mesmerizing volcanic landscape with colorful cinder cones and offers breathtaking panoramic

views of the crater and surrounding valleys. As you descend into the crater, you'll feel like you've entered another world.

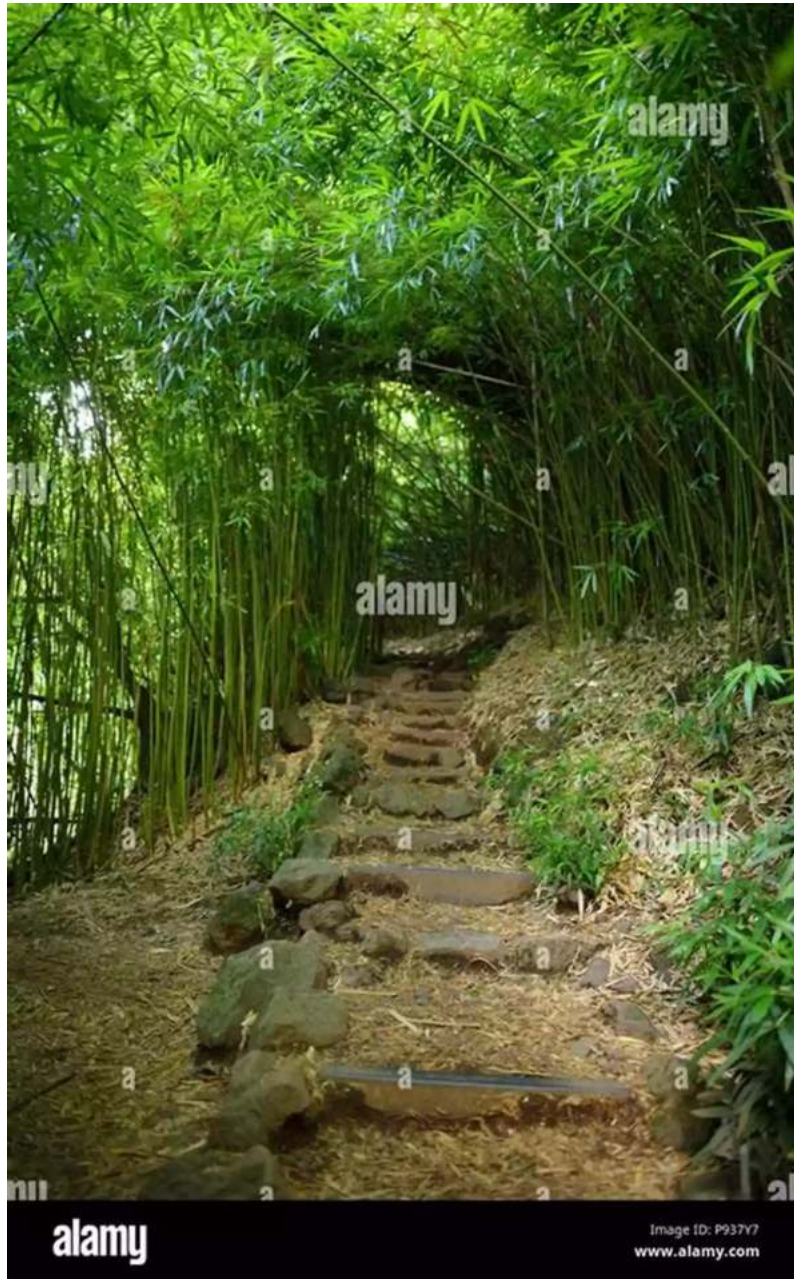
## **2. Waihee Ridge Trail**



For those seeking a picturesque hike through a lush rainforest, the Waihee Ridge Trail is an ideal choice. This moderate 5-mile trail winds through dense foliage, offering stunning views of the Waihee Valley and the West Maui Mountains. The journey is rewarded with a breathtaking vista at the summit, giving you a sense of achievement and a chance to capture memorable photos.

## **3. Pipiwai Trail - Bamboo Forest**





If you're looking for a trail that combines natural beauty with tranquility, the Pipiwai Trail is a must-visit. Located in the southeast part of Maui, this 4-mile trail will take you through a magical bamboo forest, offering a serene and immersive experience. Along the way, you'll encounter the impressive Waimoku Falls, a majestic 400-foot waterfall that will leave you in awe.

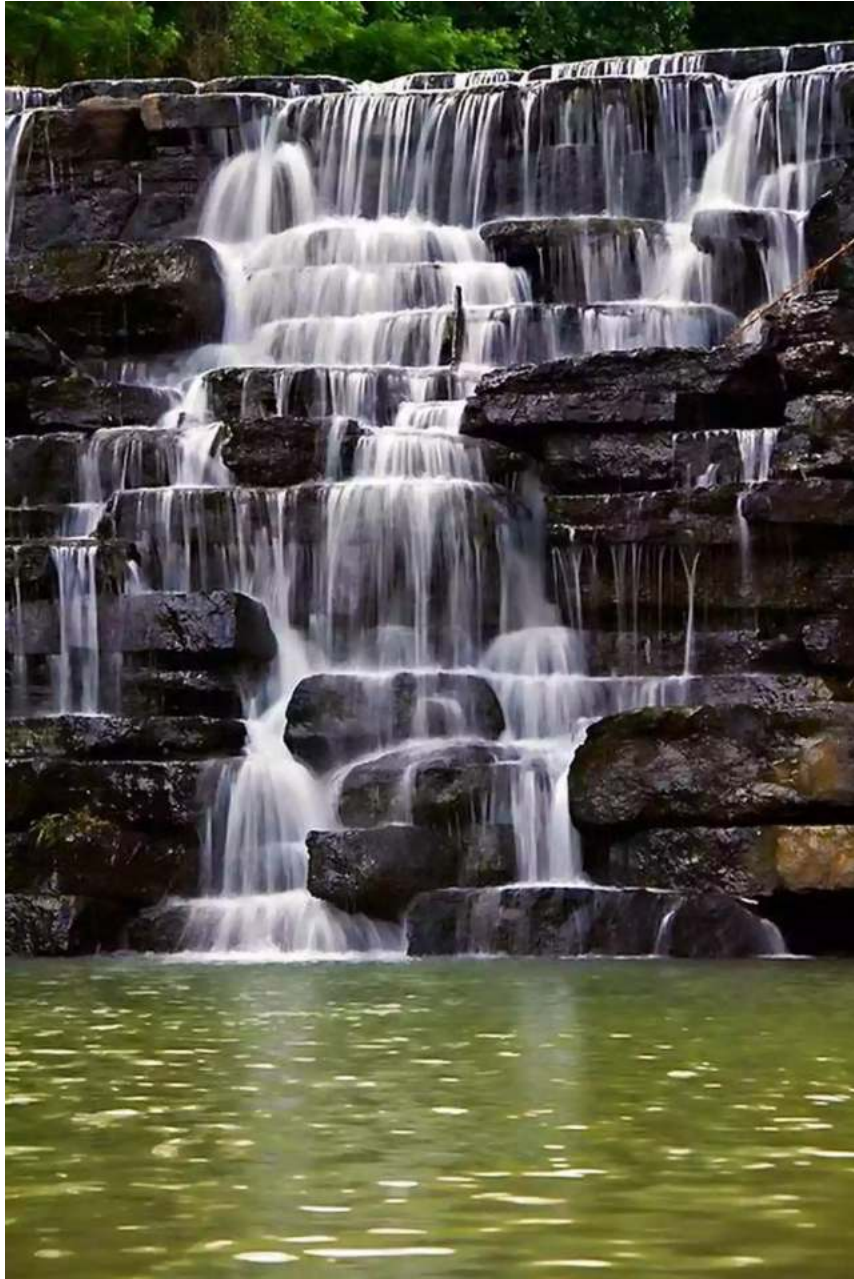
#### **4. Kapalua Coastal Trail**



If you prefer a coastal hike, the Kapalua Coastal Trail is an excellent choice. This scenic trail stretches for about 2 miles along the stunning Maui coastline, giving you the opportunity to enjoy breathtaking ocean views and spot marine life. The trail is well-maintained and great for all ages, making it a favorite among families and leisure hikers.

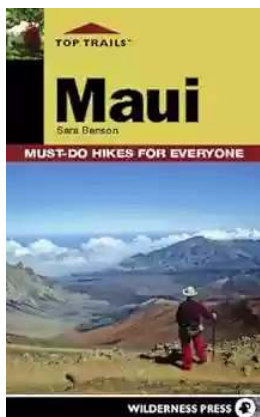
## **5. Twin Falls - Ho'olawa Valley**





No visit to Maui would be complete without experiencing the enchanting Twin Falls. This picturesque hike showcases a series of waterfalls nestled in the lush Ho'olawa Valley. The trail itself is relatively easy and perfect for families, leading you through tropical foliage and culminating in the opportunity to swim or dip your toes in the refreshing pools beneath the falls.

These are just a few of the many incredible hikes that await you on the beautiful island of Maui. Whether you're an experienced hiker or a beginner, Maui's trails offer something for everyone. So pack your hiking gear, get ready to explore, and be prepared to be amazed by the natural wonders that await you.



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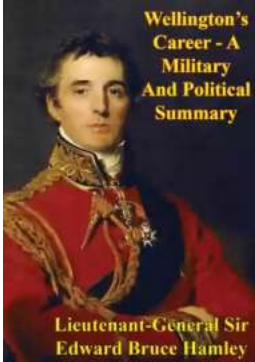
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Maui is indeed a hiker's paradise. An impressive network of trails crisscross the second-largest Hawaiian island, from meditative beach walks to heady treks high atop a volcano. Hidden in cloud forest, more trails lead to tumbling waterfalls, hidden springs and groves of bamboo. Back down on the coast, treks lead to natural lava-rock blowholes and sea arches, past ocean pools, and deserted beaches. Wander across lava flows that feel primeval, examine ancient Hawaiian petroglyphs up close, or follow the King's Highway that Hawaiian royalty once trod. All this and more awaits on Maui's hiking trails, most of which are easily accessible day trips. From any point on the island, any of the dozens of trailheads pinpointed in this book is at most a couple of hours' drive away, and often far closer than that.

Top Trails Maui presents 37 premier day hiking and overnight camping and backpacking trips suited to all levels of ability and interests. The book is divided into four major geographical areas: West Maui, Central/South Maui, East Maui/Upcountry, and Haleakala National Park. All of the trails offer scenic beauty and ease of access for hikers. Together, these trails represent the island's incredible diversity of ecological systems and environments, from lava flows and multi-colored cinder cones to cloud forests filled with native bird song and hidden waterfalls. Some of the hiking trails described here are popular with both locals and visitors, while others are virtually a local secret.

With the Top Trails winning formula of easy-to-follow maps for every hike, trail-feature charts, feature icons, "don't get lost" trail milestones, and GPS waypoints, readers can easily identify the right trail for their interests, abilities, and available time.



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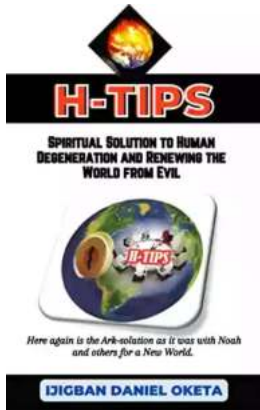
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