

Thoughts From Slightly Overwhelmed Mom Of Two Small Boys

Being a mother is a beautiful and rewarding experience, but it also comes with its fair share of challenges. As a mom of two small boys, I find myself constantly juggling responsibilities, feeling slightly overwhelmed, yet deeply grateful for the joy and love they bring into my life.

From the moment they wake up until they go to bed, my boys keep me on my toes. Their energy seems boundless, and I am often left feeling like I'm constantly running behind them, trying to keep up. But amidst the chaos and occasional meltdowns, there are precious moments that make it all worth it.

One of the things that constantly amazes me about motherhood is the unconditional love and innocence of children. My boys have a way of cheering me up with just a smile or a tight hug. When they look at me with those wide eyes filled with trust and admiration, the overwhelming feeling in my chest is replaced with an overwhelming sense of love and purpose.



Good Mom Bundle One: Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys

by Shelley Wenger (Kindle Edition)

★★★★☆ 4.4 out of 5

Language	: English
File size	: 1738 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 173 pages
Lending	: Enabled



But let's be real, parenting isn't all rainbows and sunshine. There are days when the exhaustion gets the best of me, and I question my abilities as a mother. The constant demands, the never-ending messes, and the tantrums can really take a toll on my sanity. It's during these moments that I remind myself to take a step back, breathe, and give myself some grace.

To cope with the daily challenges, I've come to rely on a few strategies that help me maintain my sanity. Firstly, I make sure to carve out some time for myself, even if it's just a few minutes each day. Whether it's reading a book, taking a walk, or indulging in a relaxing bath, having a moment of solitude can do wonders for my mental well-being.

Another strategy that has proven effective is to establish routines and stick to them as much as possible. Kids thrive on predictability, and having a structured day helps both me and my boys stay on track. From morning routines to bedtime rituals, following a set schedule brings a sense of stability to our lives.

Additionally, I have learned the importance of asking for help when needed. As moms, we tend to put a lot of pressure on ourselves to do it all, but it's essential to remember that we are not superheroes. Seeking support from friends, family, or even hiring a babysitter for a few hours can provide much-needed relief and allow for self-care.

With the rise of social media, it's easy to fall into the comparison trap. Seeing picture-perfect families and seemingly effortless parenting can make any mom feel inadequate. However, I've learned that what matters most is the love and effort I invest in my children, not how my life looks on the outside. Embracing

imperfection and celebrating small victories has helped me find contentment in my journey as a mom.

In the end, being a mom of two small boys is a chaotic but beautiful adventure. It's a constant learning experience, filled with highs and lows, tears and laughter. Yes, there are moments when I feel overwhelmed, but I wouldn't trade this role for anything in the world. The love I have for my boys is immeasurable, and watching them grow and flourish brings me indescribable joy.

So, to all the moms out there who sometimes feel slightly overwhelmed, remember that you are not alone. We all have our challenging days, but what matters most is the love we pour into our children. Embrace the chaos, lean on your support system, and give yourself grace. You are doing an amazing job, and your children are lucky to have you as their mom.



Good Mom Bundle One: Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys

by Shelley Wenger (Kindle Edition)

★★★★☆ 4.4 out of 5

Language : English
File size : 1738 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 173 pages
Lending : Enabled



This book contains chapters from the following books:

I Am A Good Mom, Right?

And Other Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys ,

Vacationing with Little Ones

And Other Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys,

And

Failing As a Parent

And Other Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys

The synopsis for I Am A Good Mom, Right? reads:

I am a good mom, right?

It's a question every mother has asked herself at least once during the wonderful, terrifying, life-changing adventure that is raising a child.

Don't worry. You are a good mother, no matter how much you sometimes struggle.

And you are not alone.

Full of humor, advice, and heartwarming emotion, Shelley Wenger's I Am a Good Mom, Right? takes you along on a personal journey as she raises her two boys and deals with illness, school, and bad behaviors...not to mention her own quest to find meaning in ordinary life.

Because motherhood is no easy journey, and everyone needs a little help.

The synopsis for Vacationing with Little Ones reads:

Shelley Wenger is a part-time vet tech and a full-time writer, wife, and devoted mother of two boys. Her second book, *Vacationing with Little Ones*, chronicles the joys and struggles of motherhood alike as she tackles the day-to-day challenges of raising young children. From chickens loose in the house to negotiating feelings of inadequacy as a parent, *Vacationing with Little Ones* is packed with stories that are humorous, heartwarming, and universal.

Wenger's tales remind all mothers that they are not, and never will be, alone.

Enjoy your reading!

The synopsis for *Failing as a Parent* reads:

For anyone who has had children, ever, then you know the challenges of raising them, the doubts you experience and the frustrating moments when they either don't listen to you, or simply want your undivided attention when you have something more pressing to do.

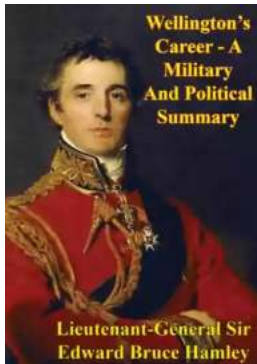
It's a natural part of a period in your life, when you will most likely question your sanity and think that you are a failure. But the reality is usually far removed from that.

In *Failing as a Parent: And Other Thoughts from a (Slightly) Overwhelmed Mom of Two Small Boys*, you will find a collection of thoughts on raising children, many of them hurriedly scribbled down in a passing moment of calm, which you will probably be able to relate to.

Things like keeping your house clean, sibling rivalry, judging other parents and dealing with insecurities are all dealt with using a mixture of humor and

experience, with a bit of exasperation thrown in.

Failing as a Parent isn't designed to be a self-help book, it doesn't provide you with the answers, or try to tell where you've gone wrong, but it should brighten your day, make you smile and hopefully help you realize that none of us are perfect.



Wellington's Incredible Military and Political Journey: A Legacy That Resonates

When it comes to military and political history, few figures have left a mark as profound and influential as Arthur Wellesley, Duke of Wellington. Born on May 1, 1769, in...



10 Mind-Blowing Events That Take Place In Space

Welcome to the fascinating world of outer space, where unimaginable events unfold and capture our wildest imagination. From breathtaking supernovas to...



The Astonishing Beauty of Lanes Alexandra Kui: Exploring the Enigmatic World of an Extraordinary Artist

When it comes to capturing the essence of beauty and emotion through art, few artists can match the extraordinary talent of Lanes Alexandra Kui. With her unique style,...



Unlock the Secrets of Riding with a Twist Of The Wrist

Are you a motorcycle enthusiast? Do you dream of being able to ride with skill, precision, and confidence? Look no further, as we are about to reveal the key...



The Ultimate Guide to An Epic Adventure: Our Enchanting Journey to the Jubilee

Are you ready for a truly mesmerizing and unforgettable experience? Join us on a journey like no other as we take you through our thrilling trip to the Jubilee, an...



The Last Great Revolution: A Transformation That Shaped the Future

Throughout history, numerous revolutions have rocked the world, altering the course of societies and leaving an indelible mark on humanity. From the American Revolution to the...



The Cinder Eyed Cats: Uncovering the Mysteries of Eric Rohmann's Enchanting World

Have you ever come across a book that takes you on a magical journey, leaving you spellbound with its captivating illustrations and intriguing storyline? Well, look no...



Discover the Ultimate Spiritual Solution to Human Degeneration and Renew the World from Evil!

In today's fast-paced, modern world, it seems that human degeneration and the presence of evil continue to spread, wreaking havoc on our mental, emotional, and...