# The Regiment: The Definitive Story Of The SAS

Are you ready to immerse yourself in the thrilling world of the Special Air Service (SAS)? Prepare to embark on an unforgettable journey through relentless training, daring missions, and extraordinary tales of bravery. In this article, we present to you 'The Regiment: The Definitive Story Of The SAS' – a captivating glimpse into the elite British special forces unit that has become the stuff of legends.

#### The Origins of the SAS

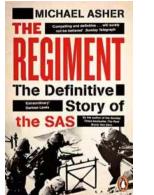
The Special Air Service was founded in July 1941 by Lieutenant David Stirling during World War II. With unconventional tactics and unconventional soldiers, the SAS was initially created to conduct desert raids behind enemy lines in North Africa. Little did they know that they were laying the foundations for an elite force that would thrive even in the most challenging and hostile environments across the globe.

The regiment has since expanded its reach and tackled numerous conflicts, including the Falklands War, Gulf War, and the War on Terror. Their prowess and effectiveness have earned them a reputation as one of the most formidable special forces units in the world.

#### The Regiment: The Definitive Story of the SAS

by Michael Asher(Kindle Edition)

****	4.5 out of 5
Language	: English
File size	: 13123 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported



Enhanced typesetting : EnabledWord Wise: EnabledPrint length: 618 pages



#### The SAS Training: Pushing the Boundaries

Becoming a member of the SAS is no ordinary feat. The intense selection process, known as "Selection" or the "Long March," pushes candidates to their physical, mental, and emotional limits. Running for several weeks, it tests endurance, survival skills, problem-solving abilities, and the determination to never give up.

Only those who exhibit unwavering resilience and all-round excellence make it through. They then proceed to undergo specialized training modules, including close-quarter combat, sniper training, explosives handling, and foreign language proficiency. The SAS ensures that its soldiers are equipped with a diverse skill set to adapt to any situation.

#### The Regiment's Notable Missions

Throughout its history, the SAS has executed numerous audacious and highstakes operations. Their missions are shrouded in secrecy, but some have achieved global recognition:

#### **Operation Nimrod: The Iranian Embassy Siege**

In 1980, the world watched in awe as the SAS stormed the Iranian Embassy in London to free hostages held by terrorists. With unparalleled precision and lightning-fast execution, they showcased their unparalleled skills, ultimately eliminating the threat and saving lives.

#### **Operation Barras: Rescuing Soldiers in Sierra Leone**

During the civil war in Sierra Leone in 2000, a group of British soldiers were captured by a rebel militia. The SAS swiftly organized a rescue mission, infiltrating the enemy camp undetected and liberating their comrades.

#### **Operation Enduring Freedom: Hunt for Al-Qaeda**

In the aftermath of the 9/11 attacks, the SAS played a crucial role in hunting down members of AI-Qaeda in Afghanistan. By gathering vital intelligence, conducting surveillance, and engaging in direct action, they significantly disrupted terrorist networks.

#### The Legacy of the SAS

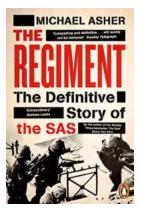
The SAS has left an indelible mark on military history. Their innovative tactics and unmatched skills have influenced special forces units around the world. The regiment's success is a testament to the individuals who comprise its ranks, constantly pushing their limits and setting new standards in asymmetric warfare.

Today, the SAS continues to evolve and adapt to new threats, ensuring that they remain at the forefront of counterterrorism and special operations. Their contributions to global security and peace are immeasurable, and their impressive legacy lives on.

#### The Definitive Story of the SAS

'The Regiment: The Definitive Story Of The SAS' is a comprehensive account that delves into the rich history and exceptional capabilities of the Special Air Service. Replete with gripping anecdotes and insightful interviews, this extraordinary narrative captures the spirit of the SAS, exploring the sacrifices and triumphs of those who have served in its ranks.

Whether you're a history enthusiast, a military aficionado, or simply seeking an adrenaline-pumping read, 'The Regiment: The Definitive Story Of The SAS' is a must-have for your collection. Prepare to be enthralled and inspired by the remarkable exploits of these elite warriors.



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From the bestselling author of The Real Bravo Two Zero comes the definitive history of the world's most elite fighting force - the SAS

'Breathtaking bravery, astonishing feats of endurance, raids and battles described with terrific immediacy and pace. Compelling and definitive . . . will surely not be bettered' Sunday Telegraph On 4 May 1980, seven terrorists holding twenty-one people captive in the Iranian Embassy in London's Prince's Gate, executed their first hostage. They threatened to kill another hostage every thirty minutes until their demands were met. Minutes later, armed men in black overalls and balaclavas shimmied down the roof on ropes and burst in through windows and doors. In seconds all but one of the terrorists had been shot dead, the other captured.

For most people, this was their first acquaintance with a unit that was soon to become the ideal of modern military excellence - the Special Air Service regiment. Few realized that the SAS had been in existence for almost forty years, playing a discreet, if not secret, role almost everywhere Britain had fought since World War II, and had been the prototype of all modern special forces units throughout the world.

In The Regiment, Michael Asher - a former soldier in 23 SAS Regiment examines the evolution of the special forces idea and investigates the real story behind the greatest military legend of the late twentieth century.

'Detailed, scathingly honest. Asher has brought the critical eye of the knowledgeable insider to his in-depth study of SAS operations and personalities' Herald

Praise for Michael Asher:

'This is the most complete picture of the Sudanese campaigns that has yet been published . . . a vigorous and engrossing narrative' Philip Ziegler, Daily Telegraph

'A staggering achievement. Asher has delivered a scintillating tale of a period of history that deserves to be remembered' Guardian



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