

Kendo World Kendo World Magazine Volume: Exploring the Essence of the Art



Do you have a fascination for Japanese culture or the way of the samurai? Are you intrigued by the art of sword fighting? If so, you're in for a treat with Kendo World Magazine Volume, the ultimate guide to all things Kendo. In this

comprehensive and captivating edition, we dive deep into the history, philosophy, techniques, and practitioners of this ancient martial art of Japan.

Unveiling the Richness of Kendo World Magazine Volume

As a Kendo enthusiast or someone keen on exploring the realm of samurai swordsmanship, Kendo World Magazine Volume is a treasure trove of information and inspiration. With over 300 pages of meticulously crafted content, this magazine offers an immersive experience that takes you on a journey through the heart and soul of kendo.



Kendo World 7.2 (Kendo World Magazine Volume 7 Book 2) by Alexander Bennett (Kindle Edition)

★★★★☆ 4.4 out of 5

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Discovering the History and Evolution of Kendo

Explore Kendo's roots and learn how it has evolved from ancient battlefield combat techniques to the elegant discipline we know today. Delve into the historical origins of kendo, tracing its lineage back to the samurai warriors of feudal Japan. Unearth little-known stories and fascinating legends that contribute to the mystique surrounding this time-honored art form.

Unlocking the Philosophy behind Kendo

Kendo is not solely about physical prowess but also encompasses a rich philosophy that fosters personal growth and self-discipline. Discover the guiding principles of kendo, including the concept of "ki-ken-tai-ichi" (the harmonious unity of spirit, sword, and body). Gain insights into the mental and spiritual aspects that shape a kendo practitioner, fostering respect, honor, and humility both on and off the training floor.

Mastering the Essential Techniques of Kendo

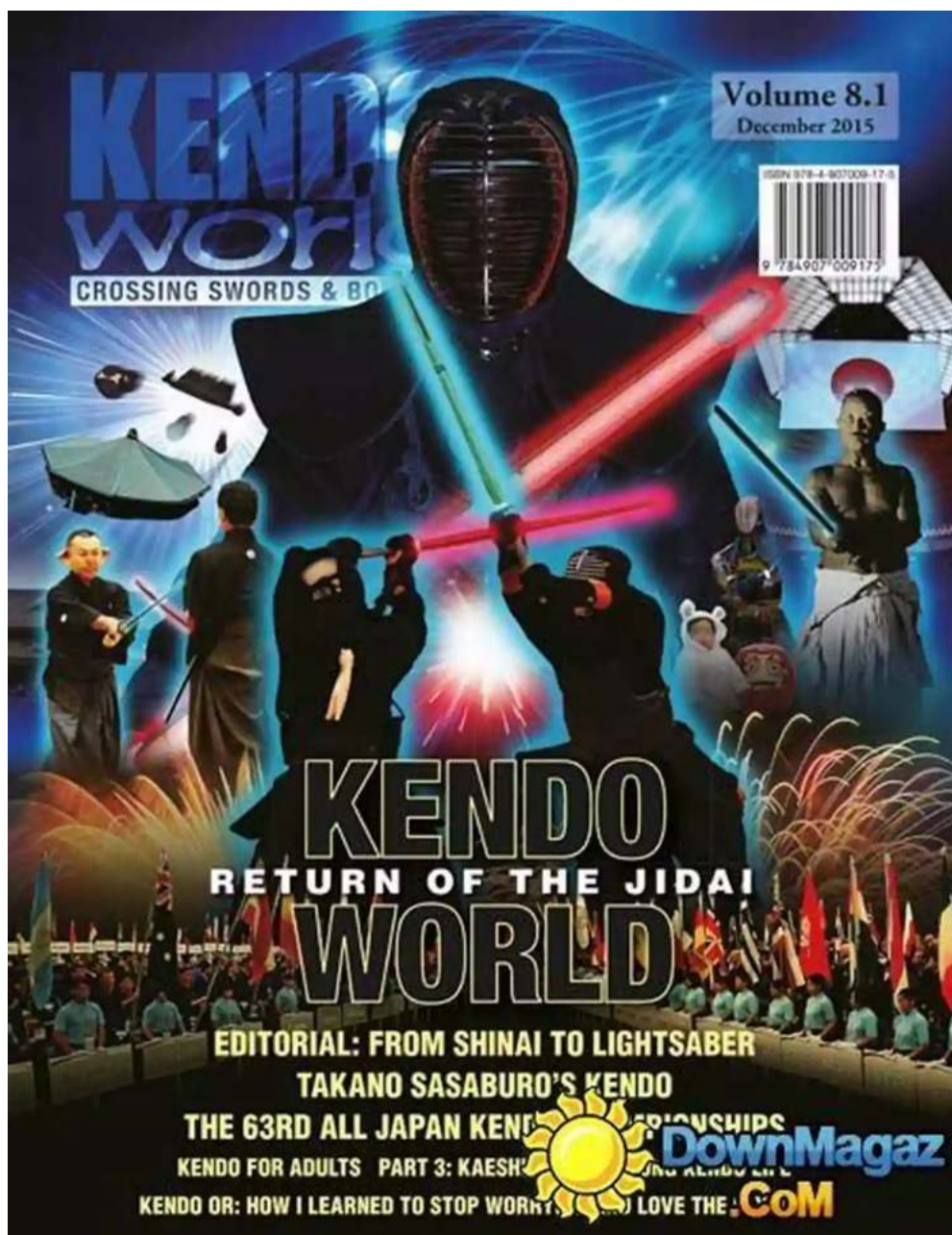
Whether you're a novice or an experienced kendoka, this magazine provides a comprehensive breakdown of fundamental kendo techniques. Detailed step-by-step guides and illustrated diagrams help you perfect your strikes, footwork, and posture. Learn the art of "kiai" (the powerful shout that raises energy levels) and discover how to harness your "zanshin" (awareness and readiness) during combat.

Insightful Interviews with Kendo Masters



One of the highlights of Kendo World Magazine Volume is the collection of exclusive interviews with renowned kendo masters from around the world. Immerse yourself in the captivating stories, experiences, and wisdom of these esteemed figures as they share their personal journeys to mastery. Gain unique insights into their training regimes, mental fortitude, and the invaluable life lessons kendo has bestowed upon them.

Powerful Visuals that Bring Kendo to Life



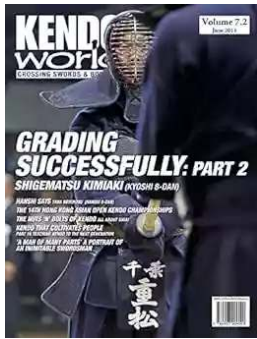
Accompanying the rich textual content are stunning visuals that truly bring the world of kendo to life. Vibrant photographs and meticulously crafted illustrations showcase the grace, precision, and intensity of kendo practitioners in action. From breathtaking tournament moments to serene training scenes, these visuals transport you to the heart of the kendo experience.

: An Unforgettable Journey into Kendo World Magazine Volume



Whether you're a dedicated kendoka, an avid martial arts enthusiast, or simply looking to explore the depths of Japanese tradition, Kendo World Magazine Volume provides an all-encompassing experience. With its in-depth exploration of the history, philosophy, and techniques of kendo, combined with insightful interviews and captivating visuals, this magazine promises to be a companion that enriches your understanding and appreciation of this ancient art form.

So, grab your copy of Kendo World Magazine Volume and let yourself be immersed in the enchanting world of kendo – a world that celebrates the indomitable spirit of the samurai and the enduring tradition of Japanese martial arts.



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Content in this issue:

Editorial

By Alex Bennett

Kendo World's Alex Bennett has recently finished a translation of the bushido classic Hagakure. In his editorial he discusses the relevance of Hagakure to kendo and the lessons that can still be learned from it.

Obituary: Miyako Tanaka Price

By Kurt Schmucker

Kurt Schmucker looks back at the life of naginata Hanshi Miyako Tanaka Price, who recently passed away.

Hanshi Says

Hanshi Says is a popular series in which Japan's top Hanshi teachers give hints of what they are looking for in grading examinations based on wisdom accumulated through decades of training. This issue features Taba Norinobu-sensei from Ibaraki prefecture who passed the 8-dan examination in 1990, and

was awarded the title of Hanshi in 1998.

“When I am on an examination panel for 8-dan examinations, the main thing that I am looking for is whether or not the candidate demonstrates an understanding of correct kendo theory. Are they fighting their opponent from an interval that seems close to them but far away for the opponent? Are they seizing the right opportunities to strike? Are they attacking with ki-ken-tai-itchi? And, are they demonstrating steadfast zanshin at the end of each attack? The act of applying pressure is essentially a clash of two minds, and the key for success is how well each candidate is able to take the initiative in the same process and attack and defence. Strong “ki-zeme” - overcoming your opponent with your spirit and presence - is of the essence.”

Embrace the Failing

By Boris Jansen

Dutch National Team member reflects on passing 6-dan, and the positives to be gleaned from failing.

“I am still on a high after passing my kendo 6-dan in August 2013. The preparation, failing, reflection, struggling and finally passing the exam, turned out to be a much greater experience than I initially expected. The failing forced me to take a step back and helped me to transform my kendo into what I believe is more mature and varied, and on top of it, just more fun. In this article, I would like to share my experience regarding my three attempts and highlight some of the requirements which I think are key in order to pass.”

Grading Successfully: Part 2

By K8-dan Shigematsu Kimiaki-sensei

In “Grading Successfully Part 2”, Shigematsu Kimiaki-sensei, a kendo instructor with Chiba Prefectural Police Force, gives a detailed explanation of how to approach a grading. In this, the second of three instalments, he discusses the

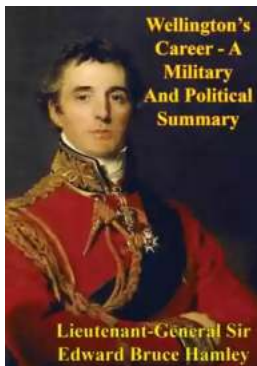
importance of kihon, the correct attitude to training, types of keiko, ki, and kyojitsu. This is an essential guide for those who are about to take a grading, particularly for the higher dan levels.

FIK Anti-Doping Compliance

By Dr. Darryl Tong

As an official member of SportAccord (formerly known as GAISF) the International Kendo Federation (FIK) set up an anti-doping committee to conform to World Anti-Doping Agency (WADA) regulations pertaining to doping. As FIK affiliates, each national federation and participants in FIK activities must abide by the FIK Anti-Doping Rules compiled in accordance with the World Anti-Doping Code. FIK Anti-Doping Committee Chairman Dr. Miyasaka Masayuki discusses its impact with Dr. Darryl Tong of the University of Otago, New Zealand.

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When it comes to military and political history, few figures have left a mark as profound and influential as Arthur Wellesley, Duke of Wellington. Born on May 1, 1769, in...



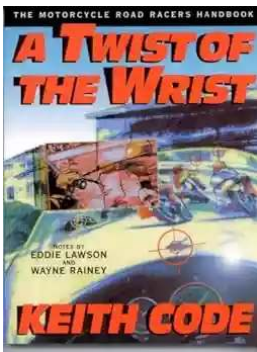
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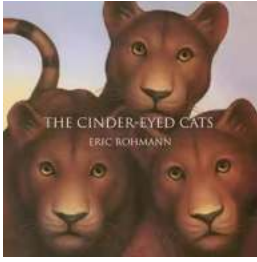
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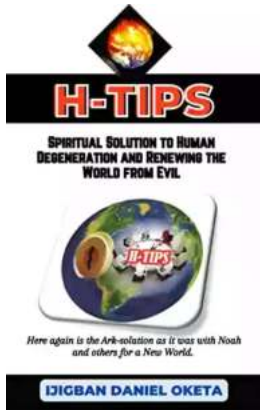
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