

# Discover the Local Solutions for Stronger Community Economics and Food Sovereignty


**U.S. FOOD SOVEREIGNTY PRIZE CEREMONY**  
SATURDAY, OCTOBER 15TH, 2016 5:30 - 8:30 PM  
TOWN HALL AT EIGHTH & SENECA, SEATTLE 98101

FREE

HONORING  
THE FARMWORKER  
ASSOCIATION OF  
FLORIDA &  
THE ALLIANCE FOR  
FOOD SOVEREIGNTY  
IN AFRICA

HOSTED BY  
COMMUNITY  
ALLIANCE FOR  
GLOBAL JUSTICE  
AND COMMUNITY  
TO COMMUNITY  
DEVELOPMENT

ORGANIZED BY THE U.S. FOOD SOVEREIGNTY ALLIANCE  
[WWW.FOODSOVEREIGNTYPRIZE.ORG](http://WWW.FOODSOVEREIGNTYPRIZE.ORG)

 **U.S. FOOD SOVEREIGNTY ALLIANCE**

5:30 DOORS OPEN 6:00 CEREMONY 7:30 RECEPTION

FOR MORE INFO, CONTACT CAGJ 206-405-4600,  
CONTACT\_US@CAGJ.ORG, WWW.CAGJ.ORG

When it comes to building a sustainable future, focusing on community economics and food sovereignty has become increasingly important. Many communities around the world are taking matters into their own hands and

implementing local solutions to support economic growth and ensure access to healthy, locally produced food.

## Understanding Community Economics

Community economics refers to the organization and management of economic activities within a specific community or locality. It emphasizes the importance of local businesses, cooperatives, and community-driven initiatives that aim to improve the economic well-being of the people living in the area.



### **Food, Freedom, Community: Local Solutions, Community Economics, and Food Sovereignty: How small local actions can solve complex global problems** by C.T. Russell (Kindle Edition)

★★★★★ 5 out of 5

Language	: English
File size	: 6098 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 340 pages
Lending	: Enabled



One of the key benefits of community economics is that it keeps money circulating within the local economy. When individuals support local businesses, the money they spend stays within the community, creating a multiplier effect that leads to increased local employment opportunities and prosperity.

Furthermore, community economics allows for greater control over the economic decisions that impact the community. By prioritizing local solutions, individuals can ensure that economic development aligns with community values and needs.

## **Embracing Food Sovereignty**

Food sovereignty is the right of individuals and communities to have control over their own food systems. It emphasizes the importance of access to healthy, nutritious, and culturally appropriate food produced through sustainable and ecological methods.

Embracing food sovereignty means moving away from dependence on globalized food systems, which often prioritize profit over the well-being of individuals and the environment. Instead, local communities are taking charge of their food production, focusing on organic farming, urban gardening, and supporting small-scale local farmers.

By embracing food sovereignty, communities can ensure their food security, improve local agriculture, protect biodiversity, and reduce their environmental impact. It also creates opportunities for individuals to connect with nature, learn about sustainable farming practices, and support local traditions.

## **The Power of Local Solutions**

Local solutions play a crucial role in promoting community economics and food sovereignty. When communities come together to identify and address their own unique challenges, they foster a sense of empowerment and ownership over their future.

Local solutions can take various forms, such as:

- Establishing local farmers' markets to promote direct sales between growers and consumers
- Creating community gardens to provide access to fresh produce and encourage sustainable farming
- Developing cooperative businesses that prioritize local suppliers and consumers
- Promoting the use of local currencies to support local businesses and keep money within the community
- Establishing community-led initiatives to support entrepreneurship and small business development

These initiatives not only contribute to the local economy but also strengthen community bonds, promote social cohesion, and improve the overall well-being of residents. They foster a sense of pride in local resources, traditions, and culture while building a more sustainable future.

In an era of globalization, focusing on local solutions for community economics and food sovereignty has become essential. Empowering communities to take charge of their economic development and ensuring access to nutritious, locally produced food are crucial steps towards building a more sustainable and resilient future.

By embracing community economics and food sovereignty, individuals can contribute to stronger local economies, preserve the environment, and foster a sense of belonging within their communities. It's time to prioritize local solutions and work together towards a brighter future.

So, let's join hands in supporting local businesses, embracing sustainable farming practices, and championing food sovereignty. Together, we can create a community that thrives economically while nourishing its people both physically and culturally.



**Food, Freedom, Community: Local Solutions, Community Economics, and Food Sovereignty: How small local actions can solve complex global problems** by C.T. Russell (Kindle Edition)

★★★★★ 5 out of 5

Language : English  
File size : 6098 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 340 pages  
Lending : Enabled



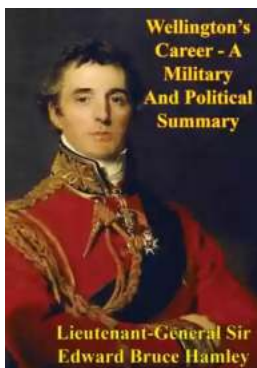
Food isn't just what we eat, it connects us to our family, our community and the world around us.

We live in a challenging time in history, facing unprecedented global crises, and yet, local food initiatives by small farmers, community workers, and activists offer solutions to these large complex problems.

Solutions at the local level can give us personal and community agency, connecting us with one another and inspiring new ways of thinking, sharing and creating value. The problems with global corporate capitalist exploitation are becoming more and more evident.

Local food and strong community networks can provide alternatives to this destructive system, as well as many wider benefits for society and the environment. This book shows alternative food networks, food sovereignty, and social economics, through case-studies of real people and communities in both urban and rural New Zealand, as well as a global lens.

These inspiring stories and insights provide a compass that can help us to navigate towards a more equitable and sustainable future.



## Wellington's Incredible Military and Political Journey: A Legacy That Resonates

When it comes to military and political history, few figures have left a mark as profound and influential as Arthur Wellesley, Duke of Wellington. Born on May 1, 1769, in...



## 10 Mind-Blowing Events That Take Place In Space

Welcome to the fascinating world of outer space, where unimaginable events unfold and capture our wildest imagination. From breathtaking supernovas to...



## The Astonishing Beauty of Lanes Alexandra Kui: Exploring the Enigmatic World of an Extraordinary Artist

When it comes to capturing the essence of beauty and emotion through art, few artists can match the extraordinary talent of Lanes Alexandra Kui. With her unique style,...



## Unlock the Secrets of Riding with a Twist Of The Wrist

Are you a motorcycle enthusiast? Do you dream of being able to ride with skill, precision, and confidence? Look no further, as we are about to reveal the key...



## The Ultimate Guide to An Epic Adventure: Our Enchanting Journey to the Jubilee

Are you ready for a truly mesmerizing and unforgettable experience? Join us on a journey like no other as we take you through our thrilling trip to the Jubilee, an...



## The Last Great Revolution: A Transformation That Shaped the Future

Throughout history, numerous revolutions have rocked the world, altering the course of societies and leaving an indelible mark on humanity. From the American Revolution to the...



## The Cinder Eyed Cats: Uncovering the Mysteries of Eric Rohmann's Enchanting World

Have you ever come across a book that takes you on a magical journey, leaving you spellbound with its captivating illustrations and intriguing storyline? Well, look no...



## Discover the Ultimate Spiritual Solution to Human Degeneration and Renew the World from Evil!

In today's fast-paced, modern world, it seems that human degeneration and the presence of evil continue to spread, wreaking havoc on our mental, emotional, and...