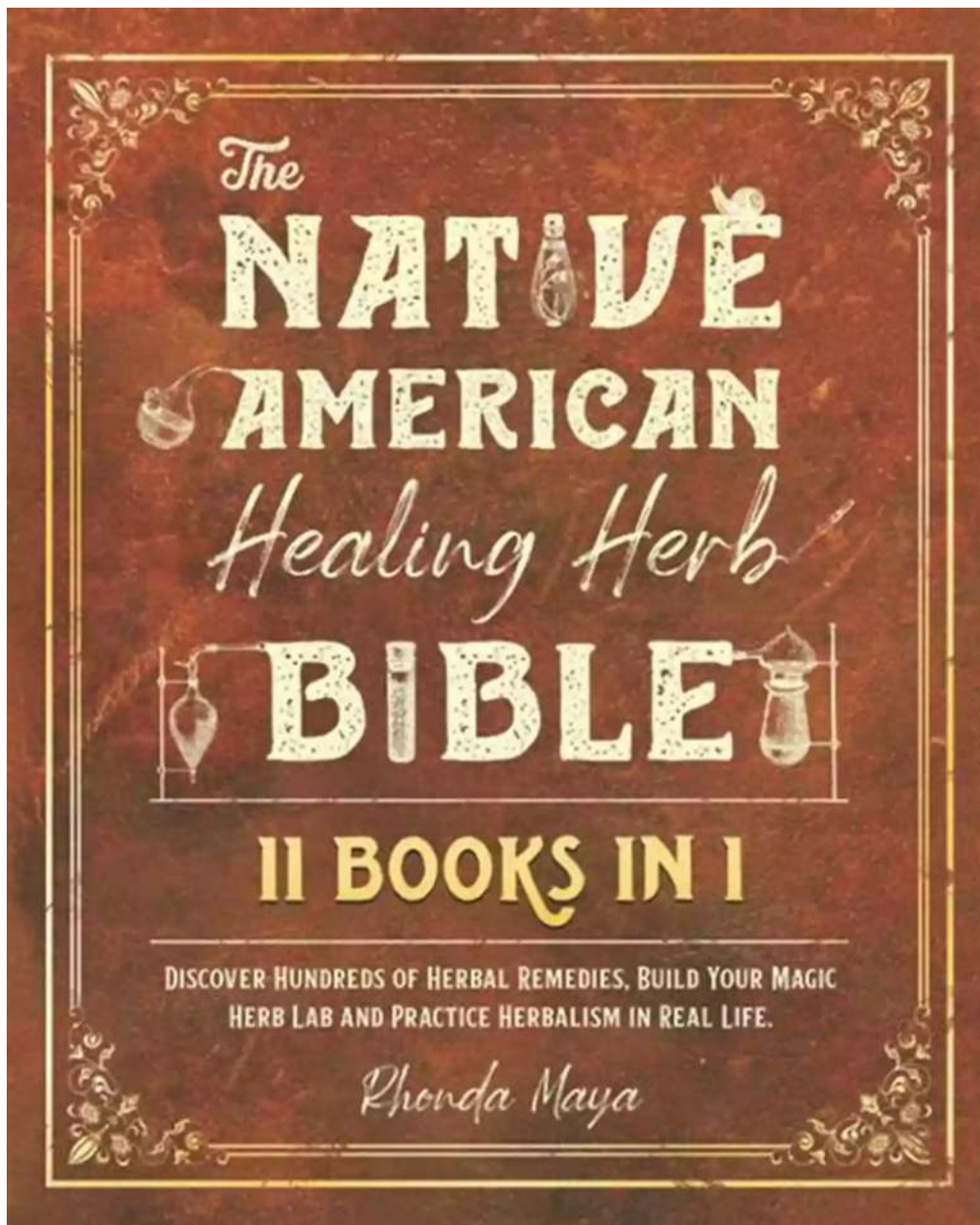


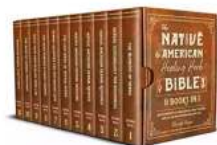
Discover Hundreds Of Herbal Remedies - Build Your Magic Herb Lab And Practice

Are you tired of relying on synthetic medications that come with potential side effects? Would you like to explore the world of natural remedies to heal your body and mind? Look no further!



The Power of Herbal Remedies

In ancient times, our ancestors relied on the power of herbs and plants to heal their bodies and enhance their well-being. Countless cultures around the world have successfully used herbal remedies for thousands of years.



THE NATIVE AMERICAN HEALING HERB BIBLE [11 BOOKS IN 1]: Discover Hundreds of Herbal Remedies, Build Your Magic Herb Lab and Practice Herbalism in Real Life. BONUS» Percolation and Soxhlet Extractions

by Rhonda Maya(Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English
File size : 53939 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
X-Ray : Enabled
Print length : 363 pages
Lending : Enabled
Screen Reader : Supported
X-Ray for textbooks : Enabled



Herbs contain a wide range of natural compounds that have therapeutic properties. From relieving pain and reducing inflammation to boosting immune function and improving digestion, herbs can address a variety of health concerns.

Building Your Magic Herb Lab

Building your own herb lab is an exciting and rewarding endeavor. It allows you to have easy access to a wide range of herbs and experiment with different

remedies. Here's how to get started:

Step 1: Research

Start by researching the various herbs and their medicinal properties. Look for trusted sources, books, and online platforms that provide reliable information.

Learn about the different parts of plants that are commonly used such as leaves, stems, flowers, and roots. Each part can have different benefits and may be used in various forms like teas, tinctures, or capsules.

Step 2: Gather Your Herbs

Once you have a good understanding of different herbs, it's time to start gathering them. You can either grow your own herbs in a garden or purchase them from reputable suppliers.

Consider your local climate and availability of space when deciding which herbs to grow. Some popular herbs to start with include lavender, chamomile, peppermint, and rosemary.

Step 3: Lab Setup

Designate a space in your home specifically for your herb lab. It can be a spare room, a corner of your kitchen, or a dedicated shelf.

Set up shelves or storage units to organize your herbs and tools. Invest in glass jars or containers to store your dried herbs properly, keeping them fresh and potent.

Step 4: Practice and Experiment

Now that you have your herbs and lab set up, it's time to start practicing! Follow recipes from trusted sources, but don't be afraid to experiment and create your own herbal remedies.

Keep a journal to track your recipes, dosage recommendations, and their effects. Over time, you'll develop a deep understanding of each herb's strengths and how they can work synergistically together.

Popular Herbal Remedies

Wondering what kind of remedies you can create in your magic herb lab? Here are a few popular options:

- **Chamomile Tea:** Known for its calming properties, chamomile tea promotes relaxation and helps with sleep disorders.
- **Echinacea Tincture:** Echinacea is believed to boost the immune system, especially in preventing and treating the common cold.
- **Peppermint Oil:** Peppermint oil is commonly used for headaches, muscle pain, and digestive issues.
- **Lavender Salve:** Lavender salve is known for its soothing and healing effects on skin irritations and minor cuts and burns.
- **Ginger Capsules:** Ginger capsules are widely used for relieving nausea and indigestion.

Precautions and Consultations

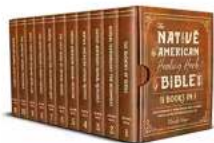
While herbal remedies can be incredibly beneficial, it's important to exercise caution and take necessary precautions:

- Always research the potential side effects and interactions of each herb.

- Consult with a qualified herbalist or naturopathic doctor before starting any new herbal regimen, especially if you have underlying health conditions or take medications.
- Start with small doses and gradually increase, observing how your body responds.
- If you experience any adverse effects, discontinue use and seek professional advice.

Building your magic herb lab and practicing herbal remedies can be a life-changing experience. It empowers you to take control of your health in a natural and holistic way. Remember, patience and perseverance are key as you explore the fascinating world of herbal medicine.

So why wait any longer? Start your journey today and discover the incredible power of herbal remedies!



**THE NATIVE AMERICAN HEALING HERB BIBLE
[11 BOOKS IN 1]: Discover Hundreds of Herbal
Remedies, Build Your Magic Herb Lab and
Practice Herbalism in Real Life. BONUS»
Percolation and Soxhlet Extractions**

by Rhonda Maya(Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English
 File size : 53939 KB
 Text-to-Speech : Enabled
 Enhanced typesetting : Enabled
 X-Ray : Enabled
 Print length : 363 pages
 Lending : Enabled
 Screen Reader : Supported
 X-Ray for textbooks : Enabled



Are you looking for some proven natural ways to increase your longevity and quality of life?

Maybe you have some skin or other similar external body issues that you need help with...

Are you ready for encountering the world's most effective form of medicine, becoming a skilled herbalist and building your first home-based herb lab?

Long before Europeans arrived in America, generations of Native American's learned the secrets of natural healing and were able to use the power of plants to maintain good health, create explosive levels of energy, and live more than 120 years.

Founder of the "North American Herbs and Shamans Association" and Dean of the Millennium School of Herbalism of Toronto, Rhonda Maya, decided to enclose in this collection of 11 books all her knowledge about healing herbs and her secret elixirs of long life.

She is credited with the discovery of 11 healing herbs, 7 of which are Native American.

Pioneer of the Soxhlet extraction method, she is famous her habit of going everywhere with 1 chemist and thousands of ampoules and botanical instruments.

"Your laboratory always with you", she always told her students.

BOOK LIST

1» The Alchemy of Herbs Between Myth and Reality: a deep dive into the science and spirituality of herbalism

2» Herbal Terminology for Beginners: actions, energetics, properties and more

3» Native American Herbal Remedies: the secret list of the native American perpetual remedies

4» Native American Herbal Recipes: the 51 ways to treat every disease and forget about them

5» Native American Herbal Medicine: discover 49+1 sacred herbs of indigenous shamans and use them everyday

6» Lost Book of Astral Herbs: find out 7 daily-used herbs of native shamans to access altered states of consciousness and discover your true self

7» Herbal Remedies for Demanding Kids: 7 remedies for demanding kids at every age and stage of life

8» The Herb Master's Magic Garden: grow dozens of anti-pandemic herbs in your own backyard at home

9» Build Your Own Healing Herb-Lab: master the shamanic art of herbalism and build your own herb pharmacy at home

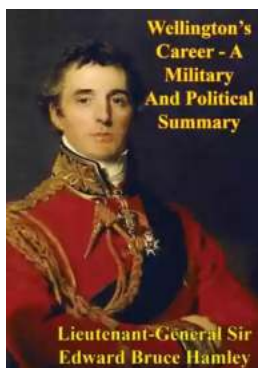
10» The Book of Herbal Tinctures: make 7 healing tinctures on your own following the Percolation and Soxhlet extraction methods

11» A HUGE BONUS: American Edible Wild Plants: find out 51 wild edible plants and 7 foraging tricks for wilderness survival

All medical herbs are at your fingertips, and the recipes and remedies derived from them are at nocost. You will also be guided step by step in building your own healing herbs' garden.

It's time to take a cleansing swim in the wise knowledge of Native Americans and their thousand-year-old natural healing techniques...

Scroll up the page, click the BUY NOW button, and GRAB YOUR COPY NOW!!



Wellington's Incredible Military and Political Journey: A Legacy That Resonates

When it comes to military and political history, few figures have left a mark as profound and influential as Arthur Wellesley, Duke of Wellington. Born on May 1, 1769, in...



10 Mind-Blowing Events That Take Place In Space

Welcome to the fascinating world of outer space, where unimaginable events unfold and capture our wildest imagination. From breathtaking supernovas to...



The Astonishing Beauty of Lanes Alexandra Kui: Exploring the Enigmatic World of an Extraordinary Artist

When it comes to capturing the essence of beauty and emotion through art, few artists can match the extraordinary talent of Lanes Alexandra Kui. With her unique style,...



Unlock the Secrets of Riding with a Twist Of The Wrist

Are you a motorcycle enthusiast? Do you dream of being able to ride with skill, precision, and confidence? Look no further, as we are about to reveal the key...



The Ultimate Guide to An Epic Adventure: Our Enchanting Journey to the Jubilee

Are you ready for a truly mesmerizing and unforgettable experience? Join us on a journey like no other as we take you through our thrilling trip to the Jubilee, an...



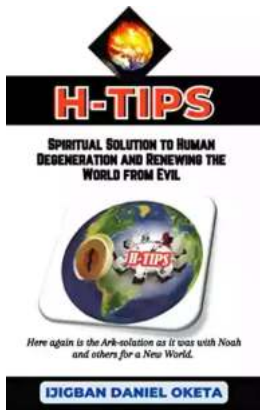
The Last Great Revolution: A Transformation That Shaped the Future

Throughout history, numerous revolutions have rocked the world, altering the course of societies and leaving an indelible mark on humanity. From the American Revolution to the...



The Cinder Eyed Cats: Uncovering the Mysteries of Eric Rohmann's Enchanting World

Have you ever come across a book that takes you on a magical journey, leaving you spellbound with its captivating illustrations and intriguing storyline? Well, look no...



Discover the Ultimate Spiritual Solution to Human Degeneration and Renew the World from Evil!

In today's fast-paced, modern world, it seems that human degeneration and the presence of evil continue to spread, wreaking havoc on our mental, emotional, and...