

# Broken People: A Heart-Wrenching Journey by Scott Hildreth

In today's fast-paced world, it's easy to overlook the struggles and pain that some individuals endure on a daily basis. Scott Hildreth's novel, "Broken People," beautifully captures the essence of these hardships and takes readers on a heart-wrenching journey that leaves a lasting impact.

The story revolves around a diverse group of individuals who are bound together by their brokenness. Hildreth explores various themes such as addiction, mental health, loss, and redemption through vivid character development and a gripping storyline.

Alt attribute for the above image: Scott Hildreth's Broken People Book Cover



## Broken People by Scott Hildreth (Kindle Edition)

★★★★☆ 4.5 out of 5

Language	: English
File size	: 1060 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 283 pages
Lending	: Enabled
Hardcover	: 288 pages
Item Weight	: 13.4 ounces
Dimensions	: 5.71 x 0.63 x 8.46 inches



## **Understanding Brokenness**

The term "broken people" immediately evokes a sense of vulnerability and fragility. Hildreth masterfully portrays the struggles faced by his characters, allowing readers to empathize and connect with their personal demons. Through their individual narratives, we gain insights into the depths of their pain, the impact of their choices, and the potential for healing.

Alt attribute for the above image: Broken People Main Characters Sketch

## **A Multi-Faceted Exploration of Brokenness**

"Broken People" delves into a variety of issues that plague society, shedding light on topics that are often stigmatized or overlooked. By intertwining the lives of different characters, Hildreth creates a masterful tapestry that showcases the human experience in all its complexity.

Alt attribute for the above image: Broken People - A Web of Interconnected Lives

## **Addiction: The Demons Within**

One of the most poignant aspects of "Broken People" is its unflinching portrayal of addiction. Hildreth offers a raw and honest depiction of the struggles faced by those battling substance abuse, painting a grim picture of the cyclical nature of addiction and the devastating consequences it can have on individuals and their loved ones.

Alt attribute for the above image: The Face of Addiction - Image of a Struggling Individual

## **Mental Health: Shattering the Stigma**

In a society that often stigmatizes mental health issues, "Broken People" shines a much-needed light on the topic. Hildreth delves into the minds of his characters, exploring the intricate complexities of various mental illnesses. Through their struggles, he challenges societal perceptions and encourages empathy and understanding.

Alt attribute for the above image: Shattering the Stigma - A Person Holding a Broken Glass Heart

## **Loss and Redemption: Seeking Healing**

Loss is an inevitable part of the human experience, and "Broken People" sensitively explores the aftermath of such tragedies. Through the characters' journeys of grief and self-discovery, Hildreth emphasizes the potential for redemption and the power of human resilience. The novel serves as a reminder that even in the darkest of times, healing is possible.

Alt attribute for the above image: Loss and Redemption - A Path Towards Healing

## **A Captivating Writing Style**

Scott Hildreth's writing style in "Broken People" is both captivating and raw. His prose effortlessly transports readers into the minds of his characters, allowing us to feel their pain and experience their triumphs firsthand. The use of descriptive language adds depth to the narrative, creating a powerful emotional connection.

Alt attribute for the above image: Scott Hildreth Creating Magic through Words

## **The Impact of "Broken People"**

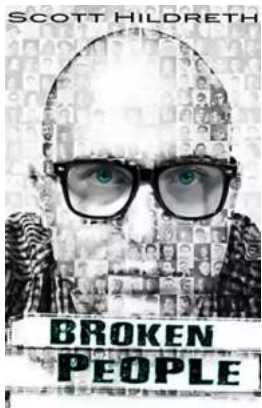
"Broken People" challenges readers to confront their own vulnerabilities and prejudices, encouraging a greater sense of compassion and empathy. The novel

serves as a reminder of the resilience of the human spirit and the potential for growth and healing, even in the face of seemingly insurmountable obstacles.

Alt attribute for the above image: Impact of "Broken People" - A Person Holding a Glowing Heart

Scott Hildreth's "Broken People" is an emotionally charged novel that explores the depths of human brokenness and the potential for healing. Through compelling storytelling and vivid character development, Hildreth invites readers on a heart-wrenching journey that leaves a lasting impact.

Alt attribute for the above image: Scott Hildreth's Broken People - A Powerful Journey Towards Healing



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"Very rarely does a book come along that opens your mind and your heart. I laughed... I cried... I am truly moved and changed in a way that I can't even

explain.

Pick up this book and read it like your life depends on it... because it will definitely change your life and change your way of thinking." – A Risqué Affair Book Blog

Broken People follows the lives of five separate people with one common bond – they're all broken in some way, shape or form. One thing binding them together is The Fat Kid, a self-proclaimed therapist who devotes his life to helping people who have difficulties helping themselves; people he considers to be broken.

Intentionally becoming obese in an effort to shield himself from the approach of outsiders wanting to better understand him, The Fat Kid hides behind his thick outer self. With an overbearing obnoxious attitude, he allows few people to enter his otherwise private life. Most of the people in his life come from his internet blog, and pose no real threat to him or to his odd lifestyle.

When he encounters a bulimic teenage girl through his internet blog who threatens to commit suicide, he begins to reflect on parts of his life he has spent years repressing. As he frantically chases the elusive suicidal girl in an effort to save her, he continues to assist many other broken people through his self-help blog. When he meets an extremely independent woman who challenges him, his way of living, and of viewing life he reluctantly listens.

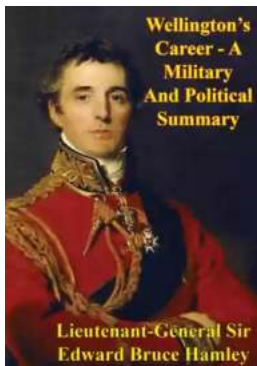
In doing so he challenges his past mistakes, his future, and ultimately he finds himself.

"I will cherish this book for the rest of my life, and I express my gratitude to the Author for writing such an honest and heart-wrenching tale. You certainly changed my life. I might be broken, but I think, I will find peace with that. And someday, one day, I won't be this broken. No more. I would like to give this book a perfect 5/5. Yes, this is the second book (after White Oleander) which I'm giving

a perfect 5/5 on my blog!" - Bhavya Kaushik, author of the critically acclaimed award winning, *The Other Side of the Bed*

"Broken People is simply the best mainstream novel I've read this year. It is mainstream fiction at its finest. The story-lines unfold from the viewpoints of multiple characters, each one being explored to the full extent of his or her depth of emotion, intelligence and brokenness while weaving the unique thread of that character into the warp and woof of the finished fabric. Don't expect the fabric to be beautiful, or even pleasing. It is neither. These are broken people. And the threads of their lives are split and frayed, one moment dazzlingly brilliant, the next moment faded; threads combine: the weakest point of one with the borrowed strength of the other then wound together and pulled through." – Author Jay Squires

If you enjoyed *If I Stay*, *The Perks of Being a Wallflower*, or *The Fault in Our Stars*



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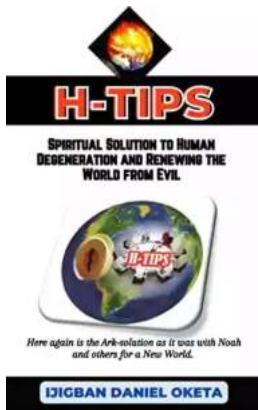
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